

# Girls Assistant Coach of the Year

## *Terry Kimpling - Teutopolis High School*

Terry Kimpling pulls double duty at Teutopolis High School, coaching both boys and girls with his wife, Kaye. This was his fifth season with the girls, and what a year it was! Here are some accomplishments of this year's Teutopolis squad.

- IHSA sectional champions for the third time in the last four years
- Champions of three other tournaments
- Won more dual matches than any team in school history
- Finished the year unbeaten in dual matches
- Qualified five players for the state meet

Here are some of Terry's thoughts regarding his coaching:

"My primary coaching philosophy is "have fun!" Just as sugar helps the medicine go down, a relaxed, fun atmosphere speeds learning. Similar to muscle contraction being 20 times as fast as relaxation, if the player is uptight, mental processes are impaired. Studies have shown that learning is enhanced if you are having fun. Besides, I seriously doubt that even pros can maintain a high level of play without having fun!"

Teutopolis head coach, Kaye Kimpling, had the following to say about her assistant:

"Imaginative. Helps in any way possible. Laid back personality. Sociable. Willing to learn and to teach what he has learned. Good sense of humor. All of these characteristics help him connect with the girls in a way that complements what I bring to the table. The girls appreciate and respect him!"

He has often been seen on the sidelines at matches and tournaments teaching the girls (from our team and players and coaches from opposing teams) juggling, rope tricks, or telling jokes. This makes the players relaxed enough to go out and play their best. While I am serious and strict with the girls, he complements that with being more encouraging and fun loving. The two different personalities help draw the best out of the girls."

Congratulations, Terry, on your IHSTCA Girls Assistant Coach of the Year award!