

Girls Coach of the Year

Keith Mills - Timothy Christian High School

Timothy Christian High School, guided by 2015 IHSTCA Coach of the Year Keith Mills, had an impressive girls' season. Their accomplishments were as follows:

- Season record of 17-3
- Metro Suburban Conference champions
- 1st place at the Elmhurst sectional
- Qualified all six players for the state meet
- 33rd at the state meet

Timothy Christian has an enrollment of only 350 students and, for the last 13 years, has continued to have winning seasons.

Keith approaches each season with this philosophy:

“My number one goal is for the players to have a memorable experience that will stay with them through life -- working hard and having fun playing a lifetime sport. Team goals each season include teamwork, responsibility, leadership, and sportsmanship. Tennis is a great sport to help players learn these life lessons. On the court, I stress being competitive in our drills and during the matches - learning how to win and also learning from the losses. Ultimately, at the end of the season, I want our players to say they had fun!”

Timothy Christian's athletic director, Jack LeGrand, wrote the following about Keith:

“Coach Keith Mills is a complete coach. He not only has displayed an expertise in his field but he coaches his entire team. He puts his players in positions to improve and succeed. Coach Mills works diligently on strengths and weaknesses and constantly looks for ways for his players to improve. Coach Mills is much respected for his leadership of our program. We are very proud of the accomplishments of our program under his leadership.”

Congratulations, Keith, on your IHSTCA Coach of the Year award!