

Girls Assistant Coach of the Year

Kara Dollaske - York

Kara Dollaske's JV season at York was special and historic. Here are a few highlights:

- Dual record of 27-2; most wins in JV history
- Placed 2nd in the West Suburban Silver Conference
- One point behind Hinsdale Central in the conference tournament
- Won two Saturday invites

Kara had the following to say of her time at York:

“When I first started coaching tennis at York, we had about 50 girls over three levels. Since then, we have grown to 112 athletes, which brings great amounts of depth and talent and also large numbers to each team. My 20 athletes this season became a cohesive family unit. Even when court space was tight, my girls didn't think twice when their practice plan was to go on a long run or cross train in small groups. They embraced my direction and worked hard so that they can set their sights on making the varsity squad in the future.”