

IHSTCA Newsletter

-- Cross Court --

November

2022

My Fellow IHSTCA Members:

I had initially intended to get this out immediately following the end of the fall season, but life got in the way. As we shift our focus to the next season, whether it be this spring or next fall, I wanted to take a moment to reflect on the State Tournament and, with Thanksgiving days away, extend some gratitude. To Tournament Manager, Kevin Schrammel, our IHSA Administrator, Dan Le, their countless support staff and volunteers, including members of the seeding committee, tournament desk staff, site directors, buildings and grounds crews and various other contributors working behind the scenes, thank you for your tireless efforts to provide our athletes with a memorable experience and all of us with a great event. The amount of work that goes into running a tournament like ours is immense and your efforts don't go unnoticed. Thank you.

In speaking with coaches following the State Tournament, so many commented not only on the tremendous level of competition they saw over the three days, but also, more importantly, on the incredible sportsmanship they witnessed. That is a direct reflection of the hard work you all put in stressing the importance of competing with integrity. Thank you for promoting the best of our great sport and please extend our compliments to your athletes on their commendable poise and character.

I would also like to take a moment to congratulate our many IHSTCA All-State selections, our two wonderfully deserving Pitchford Sportsmanship Award recipients (see below), and our programs who reached the pinnacle of our sport, taking home State hardware. Congratulations to Coach Jose Morales (Stevenson), Coach Kathy Houpt (Danville) & Coach Devan Faulkenberg (Triad) on their teams' third place finishes, Coach Jerry Morse-Karzen (New Trier) & Coach David Canovas (Latin) on Runner's Up honors, and to Coach Shawna Zsinko (Hinsdale Central) & Coach Gerard Sullivan (Fenwick) on capturing the state title. You and your players should be incredibly proud of the accomplishment you've made as representatives for your communities. Congratulations!

Finally, on a personal note, the State Tournament and packet pickup (thank you, Coach Cohen, for manning the table!) gave yet another reminder of one of the reasons I love coaching. I am deeply grateful for the countless friendships I've made among IHSTCA coaches and the support I've received from you all. Thank you.

All the best to you and yours. Happy Thanksgiving,
Jon

Jon Betts (Jacobs HS)

IHSTCA President

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IHSTCA Board of Directors

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Newsletter

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Jon Betts

State Format

Josh Leighton (Chair)
Jack Carmody
Mike Hand
Kelly Willard

Pitchford Sportsmanship Award – Class AA
Congratulations Autumn Rabjohns!
Lake Forest



From Lake Forest Head Coach Denise Murphy:
Autumn is a true champion of the game. She is a fiercely competitive yet compassionate player who always does things the right way. Her incredible talent and amazing skills on the court pale in comparison to the way she competes and the way she treats her opponents and teammates. She set the example as a Scout Warrior. All season, she played through a challenging injury, making the best of her situation and always putting her team first. We are so proud of the way she has always set the standard; battling with the highest level of talent, character, integrity, and sportsmanship. I am so proud of her, humbled to see her receive this honor, and thankful for the four amazing years I had with this exceptional young woman!

Pitchford Sportsmanship Award – Class A
Congratulations Lexi Ellis!
Danville



From Danville Head Coach Kathy Houpt:
Lexi played number one for Danville High School all four years. Lexi is very generous with her line calls, to a fault. She is always a fantastic teammate. She represents her family and DHS well. She is very coachable and leads by example on and off the court. Her success on the court reflects her competitive nature but never was that used as an excuse to act in a way that would embarrass herself or the program. She played hard and played fair and lived with the results. Lexi is also a 4.0 student. She is the perfect recipient of the Pitchford Sportsmanship award. She is a great example of what it means to be a student athlete.

2022 IHSA AA All-State Singles

1st Team All-State

Sarah Wang (Stevenson)
Jessica Kovalcik (Plainfield North)
Sophia Kim (Hinsdale Central)
Madison Liu (New Trier)
Lizzie Isyanov (York)
Margaret Forkner (Libertyville)
Mira Kernagis (Glenbard West)
Katrine Boianov (Lake Zurich)

2nd Team All-State

Autumn Rabjohns (Lake Forest)
Liza Gleyzer (Deerfield)
Lena Dogadalski (Libertyville)
Kaitlyn Strilich (Conant)
Julia Ross (New Trier)
Katelyn Wu (Glenbrook North)
Chloe Goins (Hinsdale South)
Sofia Olaru (Naperville Central)

3rd Team All-State

Chloe Koons (Edwardsville)
Gabby David (Downers Grove South)
Sophia Chiou (Neuqua Valley)
Jocelyn Canellis (Sandburg)
Amy Park (Rockford Auburn)
Chloe Siegfert (Jacobs)
Sophia Filip (York)
Rina Matsunaga (Glenbrook North)

2022 IHSA A All-State Singles

1st Team All-State

Lily Brecknock (Fenwick)
Brooklyn Siegel (Wolcott Prep)
Nicola Kupczyk (Latin School)
Megan Trifilio (Fenwick)
Savannah Webb (Richmond-Burton)
Crystina Lee (Timothy Christian)
Kruthi Ramanth (Urbana University)
Meredith Garcia (St. Viator)

2nd Team All-State

Josie Kim (Illinois Math and Science Academy)
Shikha Agarwal (Dunlap)
Jocelynn Carmody (Triad)
Lorenza Foster Simbulan (Glenbard South)
Lanie Carder (Flora)
Corona Chen (Chicago University)
Mary Breitbach (Peoria Notre Dame)
Talia Truska (Latin School)

3rd Team All-State

Tess Schmieder (Althoff Catholic)
Reese Rundle (Danville)
Jane Carter (Timothy Christian)
Lily Gregory (Mattoon)
Abby Stiles (Coal City)
Maya Jenny (Schlarman)
Emily Kowalke (St. Anthony)
Maya Baman (Dunlap)

2022 IHSA AA All-State Doubles

1st Team All-State

Lainey O'Neil & Isabelle Chong (Lake Forest)
Brooke Coffman & Gabby Lee (Naperville North)
Bridget Novatney & Nicole Hu (Hinsdale Central)
Abbey Lee & Natalie Schoen (Deerfield)
Lucy Parrilli & Keri Rothenberg (New Trier)
Shannon Stover & Abigail Gambla (Hinsdale Central)
Abby Ma & Ana Sukovic (Stevenson)
Anika Hou & Sonia Mehta (Stevenson)

2nd Team All-State

Shane Delaney & Clare Lopatka (Benet Academy)
Bella Schoen & Valentina Bellagamba (Deerfield)
Kruthi Sudhir & Anna Mayes (Normal Community)
Sophia Denizov & Alexandra Popa (Glenbrook So.)
Caitlin Kavanagh & Olivia Paik (Barrington)
Camille Dziewonska & Ellie Peskin (Glenbrook No.)
Mariel Runyan & Gabby Runyan (Bloomington)
Coco Zabel & Ariane Lesterhuis (New Trier)

3rd Team All-State

Victoria Yin & Tanisha Aggarwal (Neuqua Valley)
Norah Chirila & Audrey Creswell (Glenbard West)
Kate Lauger & Avary Sitarz (St. Charles East)
Martha Brennan & Maeve Marzec (OPRF)
Martyna Kalinowska & Breanne Schultz (Lockport)
Zoe Byron & Sophie Byron (Edwardsville)
Emily Chiou & Hannah Kestenberg (Neuqua Valley)
Hadley Warren & Taya Breslow (Libertyville)
Alyssa Joseph & Shannon Lu (St. Charles North)

2022 IHSA A All-State Doubles

1st Team All-State

Addison Lanton & Noelle Lanton (Elgin Academy)
Sanskriti Sarav & Paola Almeda (Chicago University)
Olivia Reynolds & Julia Wojtowicz (Richwoods)
Amber Ehrlich & Simmi Mander (Glenwood)
Anna Houpt & Lexi Ellis (Danville)
Rachel Abraham & Maeve Paris (Fenwick)
Mia Bianco & Mia Lapiere (Latin)
Trinity Hardin & Kate Trifilio (Fenwick)

2nd Team All-State

Audrey Moster & Makenzie Hyland (Nazareth Acad)
Maya Jha & Corina Vinarov (Payton Prep)
Karen Speer & Sami Hartoin (Triad)
Alice Mihas & Malia Chen (Latin)
Anne Rouse & Kate Rector (Rock Island Alleman)
Ava Towne & Josie Hotsinpiller (Danville)
Leah Meghrian & Sophie Muir (Dunlap)
Elen Ryson & Maddie Hoden (Wheaton St. Francis)

3rd Team All-State

Audrey Litfin & Jillian Paulson (Wheaton Academy)
Jenna Smithmeyer & Rylee O'Fallon (Ottawa)
McKinley Saffel & Caty Burton (Triad)
Clarissa Chen & Angie Tornabene (Timothy Christ.)
Claire Uhl & Evie Potter (Richland County)
Ava Cammon & Kathryn Jennings (Flora)
Grace Ferguson & Leah Kuehl (Dixon)
Ally McCarthy & Callie Streitz (Joliet Catholic Acad)

Important Dates

[2023 IHSTCA Winter Workshop](#)

February 3rd

Boys Season:

First Day of Practice

February 27th

Sectionals

May 19th & 20th

Pitchford Nominations Due

May 22nd

State Finals Seeding Meeting

May 23rd

State Finals

May 25th-27th

Season Ends

May 27th



Helpful Resources

[2022 USTA Friend at Court](#)

[IHSTCA Website](#)

Join the “National High School Tennis Coaches Hub” on Facebook
Follow @IHSTCA on Twitter

Open Dates

Check the [IHSTCA Open Dates Google Doc](#) to add your own opening and look for other events looking for teams.

Tax Notification

The Illinois High School Tennis Coaches Association's 990-PF annual tax return for the year 2021 has been filed and can be inspected (along with our exemption application) by contacting Dan Brown at danbrowntennis@gmail.com

Future Newsletters

Have any interesting articles, drills, or interesting items you'd like to share with your fellow coaches? Email jonathan.betts@d300.org to have it included in the next IHSTCA newsletter.



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