

IHSTCA Newsletter

-- Cross Court --

November 2018

2018-2019

Dear IHSTCA Member:

If you have never attended our annual workshop you really need to do. It is a great place to network with other high school tennis coaches. Get new ideas for practices such as new drills. Gain understanding of what other coaches are doing in their practices. And visit tennis vendors.

The topics this year are:

- Getting back to basics for those programs with new tennis players
- Fitness training for high school players
- Drills and competitive games
- Drills and games to make practice upbeat and fun!
- Using video analysis for your players.
- Our annual awards presentation

We hope that you take advantage of this opportunity of attending!

Sincerely,

Carrie Watson, President

Marion High School

cawatson@marionunit2.org

(618) 889-4709

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Newsletter

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State Format

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IMPORTANT DATES

2019 Winter Workshop	Friday, February 1, 2019
Boys' Season Starts	February 25, 2019
Boys' First Contest	March 11, 2019
Boys' List of Participants due	May 14, 2019
Sectional Seeding Meeting	May 15, 2019
Sectionals	May 18, 2019
State Final Seeding Meeting	May 22, 2019
State Finals	May 23-25, 2019
Boys' Season Ends	May 25, 2019

OPENINGS

Highland Park High School is looking for a Head Boys Tennis Coach for the upcoming season. Interested applicants should apply online at:
<https://www.applitrack.com/dist113/onlineapp/jobpostings/view.asp?category=Athletics%2FActivities&subcategory=Coaching>

We will also be opening our Head Girls Tennis Coach position in January. Potential teaching openings include: Math, Fine/Applied Arts, and PE. If you are interested in the girls' position please email athletic director, Jon Rowley - jrowley@dist113.org.

Lincoln Park High School is looking for a Boys Head Coach. Anyone interested should contact athletic director; Vince Defrancesco at: vadefrancesco@cps.edu

Walther Christian Academy is looking for a coach for its boys' tennis program. We are a small school, located in Melrose Park. We typically have 8-12 athletes on the team with varying skill level. Candidates should have a strong background in the sport; have a passion for teaching the skills of tennis, and exhibit characteristics of the Christian faith. The season runs from early March through early May. We have 4 courts on school grounds for practice and competitions. Please send resumes to athletic director David Grim: david_grim@waltheracademy.org

OPEN DATES

Rock Bridge H S in Columbia, MO has an opening for team to be in a double dual meet event on Friday, April 12 and on Saturday, May 4. A third dual could likely be added the day before or the morning after depending on which event.

Coaches should contact me either by email at bloeb@cpsk12.org or by cell phone at 573.268.8750

ADVISORY MEETING

The IHSA boys/Girls Tennis Advisory Committee met at the IHSA Office in Bloomington on Wednesday November 1, 2018. For a full copy of the minutes; go to:

<http://www.ihsa.org/documents/adv%20minutes/18-19/18-tn-minutes.pdf>

TERMS AND CONDITIONS RECOMMENDATIONS

VI-C-1

Recommendation:

Thursday the 1st, 2nd and 3rd rounds of the main draw and 1st, 2nd and 3rd rounds of the back draw will be played.

Friday the quarterfinal and semifinal rounds of the main draw and the 4th, 5th, 6th rounds of the back draw will be played.

Saturday the final round of the main draw and the semi and final rounds of the back draw will be played.

Rationale: By playing three rounds in the main draw on Thursday, tournament management has the flexibility to adjust later in the tournament due to weather issues. This also allows tournament management to establish a set time for play of the championship matches.

ITEMS OF GENERAL DISCUSSION

1. The committee reviewed the 2017 IHSA Tennis Advisory Committee Minutes.

<https://www.ihsa.org/documents/adv%20minutes/17-18/17-tn-minutes.pdf>

2. Kevin Schrammel reported on the 2018 IHSA Girls Tennis State Final.

3. Matt Norris reported on the 2018 IHSA Boys Tennis State Final.

4. Josh Leighton provided an update on the IHSTCA initiatives.

5. The IHSA continues to look for great tennis sectional host sites. Knoblauch explained the host request process and the host availability survey.

6. The committee analyzed the use of tennisreporting.com. Feedback regarding tennisreporting.com can be submitted to Knoblauch. Knoblauch will coordinate a conference call with tennisreporting.com to review the program.

7. The committee considered the need for some sectionals to have more tennis balls. Knoblauch will reach out to Wilson and review the

IHSA tennis ball contract to see if more tennis balls can be made available.

8. The committee reviewed a recommendation that sectional assignments need to be released earlier. Knoblauch reviewed sectionals and the timeline for releasing sectional assignments. The standard IHSA timelines for all fall and spring sports are as follows: Fall entries due September 1 – fall assignments posted Sept. 14; spring entries due February 1 – spring assignments posted March 15.

9. The committee reviewed a recommendation to consider online seeding at the sectional level in lieu of the live seed meetings. With the expansion of two classes in tennis, in some areas of the state schools have a significant way to travel for the live seed meeting on the Tuesday prior to tennis sectionals. With the use of technology: tennisreporting.com and online meetings, etc . . . the committee discussed the viability of this option. Currently, there was no motion to go directly to online seeding. However, it is an area that will continue to be monitored and possibly considered in the future.

10. The committee examined a recommendation to protect sectional champs from playing other sectional champs in the first round of the state final. Sectional champs are protected from playing seeded players. Other necessary variances in place are to keep participants from the same school and winners and runners-up from the same sectional in opposite halves of the state final brackets. Once those considerations are in place, the rest of the qualifiers are placed randomly.

11. The committee discussed a recommendation to reserve indoor courts for the back draw to allow for all matches in the tournament to be completed. Logistics and cost inhibit the back draw to be held indoors.

12. The committee discussed a recommendation to allow on-court coaching throughout the entire state series. Concerns regarding monitoring and distractions at the state series were considered. During regular season play, if conference bylaws permit, there could be allowances for on-court coaching.

13. The committee examined a recommendation to expand the tennis state finals from 64 participants to 96 participants in both 1A & 2A singles and doubles. Currently, the top four players from each sectional advances to state. This proposal will also advance 5th and 6th places from each sectional thus creating the additional field of 32 participants. Sectionals would seed up to eight players. Thirty-two of the advancing players would be seeded for the state final. An additional round of competition would be added to the state final with the addition of 96 entries. The 32 seeded players would receive a first round bye. Additional recommendations in this proposal outlined terms and condition changes necessary if passed. Discussion on advancing 96 participants included:

- a. The opportunity to advance more participants thus providing more with a state final experience.
- b. The expansion of team points values to spread out, thus limiting the opportunity for one or two players from a school to earn a team championship.
- c. The concern over logistics and management.
- d. The need for additional schools (tennis courts) to be available thus creating more personnel (site managers, athletic trainers) to be on site and away from school responsibilities.
- e. The management and costs associated with additional indoor courts needed due to inclement weather.
- f. Cost (transportation/housing) for member schools for more participants to attend.
- g. The percentage of participants advancing from sectionals to state.

The committee moved to support a recommendation to create an IHSA questionnaire for member school's IHSA official representative regarding the advancement of 96 participants per class from each sectional to the state finals in boys and girls tennis.

14. IHSA administrator Scott Johnson explained the IHSA AD Hoc Classification Committee's recommendations regarding the waivers and success factor programs impacting non-boundary schools.

<https://www.ihsa.org/AbouttheIHSA/ClassificationAdHoc.aspx>

<https://www.ihsa.org/Schools/EnrollmentsClassifications.aspx>

15. The committee weighed the best use of USTA officials during the state series. The IHSA will work in conjunction with the IHSTCA to continue to promote the need for more USTA officials. Coaches and past players are encouraged to become USTA officials.

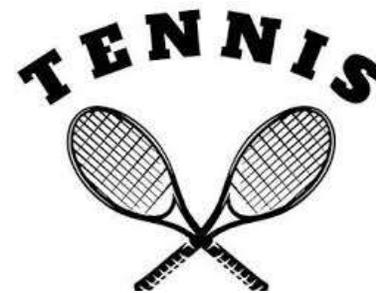
<https://www.usta.com/en/home/about-usta/who-we-are/national/Become-An-Official.html>

16. The committee recommended addressing in the IHSA online tennis rules video as a point of emphasis the communication etiquette of doubles players when playing defense.

17. The IHSA recognized and thanked IHSA Division 3 coach Greg Postweiler - Tinley Park; IHSA Division 6 Principal Mark McDowell - Quincy (Notre Dame); and IHSA Division 7 coach Mike Butler - Carbondale for their contributions and service on the IHSA tennis advisory committee. Those interested in serving on an IHSA advisory committee can express their interest via the school athletic administrator in the IHSA Schools Center under L – Staff Responsibilities and Logins.

<https://www.ihsa.org/AbouttheIHSA/AdvisoryCommittees.aspx>

<https://www.ihsa.org/Schools/SchoolDirectory/BoardDivisionsLegislativeDistricts.aspx>



GIRLS' ALL-STATE HONORS

Class A Singles – First Team

McKenna Schaeftbauer	Normal (University)
Claudia Miller	Winnetka (North Shore Country Day)
Megan Heuser	Lake Villa (Lakes)
Vivian Miller	Winnetka (North Shore Country Day)
Mia Bertino	Joliet (Catholic Academy)
Emilee Mossman	Effingham (St. Anthony)
Reagan Ridgway	Herrin (H.S.)
Jennifer Lewis	Chicago (University)
Emma Davis	New Lenox (Providence Catholic)
Lucy Mitchell	Chicago (Latin)
Piper Schrepferman	Maple Park (Kaneland)
Amanda Lopykinski	Lemont (H.S.)

Class A Singles – Second Team

Madelyn Jurasek	Maple Park (Kaneland)
Fabiola Rivas	Chicago (Lake View)
Maria Rivas	Chicago (Lake View)
Lily Schoeck	Rock Island (Alleman)

Class A Singles – Third Team

Nicole Szidik	Marion (H.S.)
Jacelyn Street	Newton
Taylor Fleming	Highland
Aly Cullotta	Woodstock (North)
Karishma Bhalla	Grayslake (Central)
Samantha Brassel	Chicago Heights (Marian)
Diana Mossman	Teutopolis
Abby Totten	Normal (University)

Class A Doubles – First Team

Sophie Ishiwari & Isabel Kapustka	Chicago (Payton)
Anabel Edwards & Elaine Sarazen	Chicago (Latin)
Abygale Ahn & Cassandra Lee	Elmhurst (Timothy Christian)
Ellie Gallagher & Regan O'Fallon	Ottawa (Twp.)
Marnie Kopec & Jane Price	Wheaton (St. Francis)
Olivia Melichar & Mary Nester	Belleville (Althoff Catholic)
Hannah Riegle & Medha Venigalla	Chatham (Glenwood)
Charlie Sartoris & Carley Hundman	Bloomington (Central Catholic)
Allison Kowalke & Avere Greene	Effingham (St. Anthony)
Olivia Hamm & Ellie Howland	West Chicago (Wheaton Academy)
Alli Brumleve & Macy Probst	Teutopolis
Emily Sun & Isabella Kellemeier	Chicago (University)

Class A Doubles – Second Team

Alex Arenson & Caroline Lommer	Winnetka (N. Shore Country Day)
Marisa Patel-O'Connor & Arohi Singh	Aurora (IL Math & Science Acad.)
Grace Horkey & Maggie O'Brien	Lemont (H.S.)
Maddy Jacobs & Sydney Schott	Sterling (Newman Central Catholic)

Class A Doubles – Third Team

Bailey Grigg & Molly Sues	Troy (Triad)
Sydnee O'Donnell & Grace Couri	Peoria (Notre Dame)
Alyssa Batcheler & Shaya Puri	Chicago (Latin)
Mollie Morrisey & Josi Schmedeke	Rochester
Chloe Funneman & Lauryn Douthit	Effingham (H.S.)
Mara Boast & Madi Brinkman	Metamora
Michelle Lynch & Piper Marcum	Centralia (H.S.)
Kaitlyn Younger & Makinley Tonn	Benton



Class 2A Singles – First Team

Kiley Rabjohns	Lake Forest (H.S.)
Maria Goheen	Aurora (West Aurora)
Tyra Richardson	Chicago (St. Ignatius College Prep)
Belen Nevenhoven	Rockford (Auburn)
Ali Benedetto	Winnetka (New Trier)
Sienna Lopez	Glen Ellyn (Glenbard West)
Daniella Nenadovich	Lisle (Benet Academy)
Kathryn Treiber	Hinsdale (Central)
Grace Chadick	Plainfield (North)
Alex Savu	Naperville (Neuqua Valley)
Shannele Lopez	Glen Ellyn (Glenbard West)
Olivia Oosterbaan	Hinsdale (Central)

Class 2A Singles – Second Team

Annabelle Siegel	Minooka
Jennifer Ptak	Park Ridge (Maine South)
Chloe McIsaac	Belleville (East)
Caitlin Goldberg	Highland Park

Class 2A Singles – Third Team

Steffi Lao	Chicago (Von Steuben)
Meera Baid	Aurora (Metea Valley)
Lily VanDixhorn	Libertyville
Natalie Osiecki	Arlington Heights (Hersey)
Emma Tatar	Schaumburg (H.S.)
Madeline Fidel	Wheaton (North)
Nicole Micklin	Chicago (Marist)
Marta Krakowski	Elgin (H.S.)

Class 2A Doubles – First Team

Samantha Choi & Emily Orlove	Wheaton (W. Warrenville South)
Alaina Kolli & Athena Kolli	Lincolnshire (Stevenson)
Monique Brual & Samara Michael	Highland Park
Akari Matsuno & Kyra Emmanouilidis	Palatine (Fremd)
Elizabeth Ferdman & Alyssa Glaser	Lincolnshire (Stevenson)
Macy Zaban & Ashtin Hara	Winnetka (New Trier)
Nika Belova & Olivia Wheldon	Lake Forest (H.S.)
Sophia Kreider & Maya Jamroz	Oak Park (O.P.-River Forest)
Shelby Thomas & Emiara Saini	St. Charles (North)
Sarah Badawi & Katie Dollens	Hinsdale (Central)
Natalie Karibian & Abby Cimarolli	Edwardsville (H.S.)
Anna Loureiro & Jayme Gross	Orland Park (Sandburg)

Class 2A Doubles – Second Team

Isabel Alviar & Mikayla Edquiban	Mundelein (H.S.)
Shalini Sahgal & Layo Adalakun	Hinsdale (Central)
Kellie Ha & Diya Matta	Palatine (Fremd)
Erika Patrow & Elizabeth Hoo	Glenview (Glenbrook South)

Class 2A Doubles – Third Team

Emily Dale & Lily Bhote	Winnetka (New Trier)
Taylor Goldman & Abbey Woods	Aurora (Metea Valley)
Audrey Provine & Hanna Beck	Naperville (Neuqua Valley)
Kaitlyn Fiedler & Taylor Fiedler	Belleville (West)
Kavya Rachapalli & Irene Zhang	Naperville (North)
Sarah Burke & Sophia Fausey	Glen Ellyn (Glenbard West)
Brianna Hillock & Cassidy Hillock	Lockport (Twp.)
Elle Stewart & Jayne Fradin	Glenview (Glenbrook South)
Ivy Hicks & Helena Cilella	Chicago (St. Ignatius College Prep)
Lily Tiemeyer & Hallie Michael	Highland Park



PITCHFORD SPORTSMANSHIP AWARD

This is one of the top honors the IHSTCA presents our players. The Pitchford Award winners demonstrate great sportsmanship, academic prowess, being a great team member, and being active in their school and communities.

2018 GIRLS AWARD WINNERS



Annie Hedges (Evanston), Class AA: Coach Joyce Anderson says that, “Without her persistence, energy and discipline, team practices would never be as productive or fun.” Annie is a leader within the Evanston community with her service involvement and has won the Sarah Pate Sportsmanship award through her conference.

Anderson says, “You know you are in the presence of great strength, when a student dealing with (recent loss of her mother) incredible loss, can still achieve at the highest level academically and connect with her teammates.”



Nena Perry (LaSalle Peru High School), Class A: Her school counselor’s words, “Even when things get tough, Nena has the resilience to persevere and keep a smile on her face.” She is a very involved student who despite being #10 academically in her class has maintained a full extra-curricular schedule throughout her four years.

Opposing players and coaches have a genuine respect for Nena after they compete against her. Her coach; Aaron

Guenther has always been very appreciative for her leadership because she is the epitome of positivity and hard work.



Bridget Boockmeier (Trinity High School), Class A: Coach Mary Rose Smith states that, “Bridget’s amazing attitude, positivity and perseverance make her a consistent role model for the entire team.” Also adding that, “I am a better person for having coached Bridget.”

Trinity’s Director of Student Activities states, “Coaches and parents of Trinity’s tennis opponents regularly praise her spirit of sportsmanship and her infectious kindness and zeal.”



The IHSTCA would like to congratulate all the young ladies that made the All-State Team and to our Pitchford Award winners!

REQUEST

IHSTCA Coaches:

Scott Gilbert and I have discussed having the tennis coaches of our state share their coaching philosophy's and best practices, habits, rules, traditions, and ways that make them successful and help them enjoy the journey of coaching. We think the coaches of our state could have an on-going discussion about their coaching.

We would like to start a column that would elicit the **best coaching tips and practices that work for coaches and help their teams reach their potential**. In other words: what do you do while coaching that works for you and makes you a better coach? You can submit personal successes, qualities of a good coach, and everyday things you do that make a difference for your team and you're coaching to me; Bill Lange and I will put them in our newsletter that our president; Carrie Watson sends out.

Here's an example: One of the best things a coach can do is to make sure all of the coaches on the coaching staff are on the same coaching philosophy page. How do you coach and what are your priorities? Every coach you work with should be in close agreement. Any differences should be discussed and resolved to all coaches' satisfaction.

Any tips that you use to make your coaching interesting and successful, send them to me bill.lange@att.net and I will put them in our newsletter in a separate column. Coaches in our membership can then use these ideas and suggestions to add to their knowledge and therefore become better coaches and leaders of their teams.



Over a period of time, Scott and I would like to compile these suggestions and put them into a coaching manual for the members of the IHSTCA.

Thank you for your interest and contributions. We have a wealth of knowledge in our state coaches. Let's share and all become better!

Sincerely,
Bill Lange, Glenbrook South Coach
bill.lange@att.net
(847) 863-3338 (c)

Scott Gilbert, Lake Forest Coach

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SAVE THE DATE!

WINTER COACHES WORKSHOP

FRIDAY, FEBRUARY 1, 2019

VAUGHAN CENTER, AURORA

7 AM – 3 PM

