

IHSTCA Newsletter

-- Cross Court --

September

2019

Dear Members:

A message on behalf of our president-elect and workshop chairperson; Sean Masoncup:

It is that time of year again to let you know about our convention. The board has worked hard to try to come up with a variety of speakers for the 2020 convention held in Aurora, IL.

We have two new ideas that we are trying this year that we think will address some areas of need to improve the clinic. First, is we have brought in a coach that will solely be talking to our brand new coaches and mainly JV coaches the first hour of the clinic. Second, we are going to change the last hour to hitting court drills and chances to win prizes from vendors. Including a free registration to the 2021 IHSTCA Convention!

We really are excited about this year's clinic and can't wait to see you there!

-Sean Masoncup, Workshop Chair

**2020 Workshop registration form attached*

Carrie Watson, President
Marion High School
cawatson@marionunit2.org
(618) 889-4709

IHSTCA Board of Directors

Officers

President: Carrie Watson (Marion)
Pres. Elect: Sean Masoncup (SCN)
Past Pres: Greg Cohen (Warren)
Secretary: Jon Betts (Jacobs)
Treasurer: Patti Shaw (Richwoods)
Membership: Tres Heimann (York)

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Jack Carmody (Triad)
Fred Galluzzo (OPRF)
Pat Gornik (Dunlap)
Matt Gross (Ottawa)
Michael Hand (Benet)
Bill Lange (GBS)
Josh Leighton (Deerfield)
Dave Lipe (Edwardsville)
Mike Terry (Quincy)
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Publicity / Web Page

Jon Betts

All-State (Boys)

Dan Brown (Chair)
Dan Skaer
Mike Terry

All-State (Girls)

Josh Leighton (Chair)
Jon Betts
Mike Terry

Summer Workshop

Jon Betts

Coach of the Year

Carrie Watson (Chair)
Patrick Gornik-Regional

Newsletter

Carrie Watson (Chair)

Awards / Certificates

Fred Galluzzo (chair)

Pitchford Sportsmanship Award (Girls + Boys)

Matt Gross (chair)
Mike Terry

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Dave Lipe (Chair)
Bill Lange

Historical Committee

Tracy Waters-Miller (Chair)
Chuck Morrison
Mike Terry
Kelly Willard

Century Club

Tres Heimann (Chair)

Hall of Fame

Sean Masoncup
Josh Leighton
Kelly Willard

Workshop/Luncheon

Sean Masoncup (Chair)
Patti Shaw (Luncheon)
Kelly Willard (Booklet)
Carrie Watson (Registration)

State Format

Josh Leighton (Chair)
Jack Carmody
Mike Hand
Kelly Willard

IMPORTANT DATES

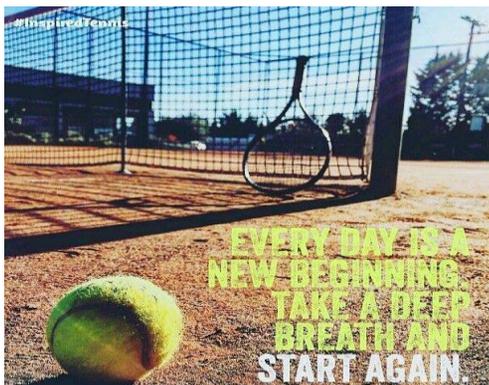
Girls' List of Participants due	October 15, 2019
Sectional Seeding Meeting	October 16, 2019
Sectionals	October 19, 2019
State Final Seeding Meeting	October 22, 2019
State Finals	October 24-26, 2019
IHSTCA Fall Board Meeting	October 29, 2019
Girls' Season Ends	November 2, 2019
IHSTCA Winter Workshop	January 31, 2020

Five Year Calendar-Girls:

<https://www.ihsa.org/SportsActivities/GirlsTennis/5YearSeasonCalendar.aspx>

OPEN POSITION

Latin School Chicago has a Boys JV (2020) Tennis position open. This is a paid position. Candidates should send a resume and references to Liz Tortorello-Nelson, Assistant Athletic Director, enelson@latinschool.org. Latin will pay for NFHS certification.



OPEN DATES

Edwardsville HS: Has an opening for 1-2 teams for the Southern Illinois Duels girl's tournament on September 27-28. Information regarding the tournament can be found at: <https://dlipe0.wixsite.com/davelipe/southern-illinois-duels> . Contact Coach Dave Lipe at dlipe@ecusd7.org .

Huntley HS: A team very recently dropped out of our quad on 9/21/19. We are looking to fill their spot. It is a regular 2 singles and 3 doubles quad with no entry fee, other than bringing 6 cans of balls. It is scheduled to start at 8:30 and the three teams in right now are Huntley, Rockford Boylan, and Conant. If you are interested contact Barry Wells; bwells@district158.org

Rock Bridge HS in Columbia, MO has two openings in an 8-team tournament girl's tournament on Saturday, September 28. Please contact Coach Ben Loeb; bloeb@cpsk12.org or call 573.268.8750 for more information.

Jacobs High School:

- Tuesday, September 17: At Jacobs following conference dual
- Friday, October 4: Home or Away for our Varsity "B" Team

Please contact Jon Betts at jonathan.betts@d300.org

Lockport HS: Has a last minute opening on Sept 21st in a girls varsity tournament. The tournament includes 4 singles and 4 doubles entries. It uses a sectional type bracket, placing 1-2 singles players together and 1-2 doubles together. It also places 3-4 together at both singles and doubles. Please text Bob Champlin at 815-603-6685 if you are interested.

Sterling High School Boys Tennis is seeking opponents for the 2020 season. We are switching conferences and have several open dates. We are willing to travel within reason--especially to play a quality matchup. If interested contact Mike Gottemoller, Sterling Boys Head Tennis Coach mgottemoller@sps5.org

TENNIS DRILLS

Up and Back Drills for Volleys and Overheads with Bethanie Mattek-Sands: <https://www.youtube.com/watch?v=AYFCcB3L9KM>

Bounce-Hit Brent Abel Webtennis.com: see attachment

Volley Tips-Cosmin Miholca: see attachment

7 Overlooked Practice Drills-Essential Tennis:
<https://www.youtube.com/watch?v=rP3dqFzSAQU>

STOP wasting practice time-Essential Tennis:
<https://www.youtube.com/watch?v=qw99AF6qNrw>

RESOURCE

USTA FRIEND AT COURT 2019:
<https://www.nfhs.org/media/1019875/2019-friend-at-court.pdf>

OFFICIATING

The IHSA is in need of officials. Coaches and past players are encouraged to become USTA officials. See the link below:

<https://www.usta.com/en/home/about-usta/who-we-are/national/Become-An-Official.html>



SOME THOUGHTS ON “ENABLING”



Geoff Gluck coached the Deerfield girls for 33 years. He was the IHSTCA Girls Coach of the Year in 2005 and is also in our Hall-Of-Fame (2002). In addition, Geoff is a USPTA Certified Professional. Geoff also has a background in Special Education and Addiction.

In our Association’s February newsletter, I shared some of my thoughts about leadership. In this article, I want to address one of the areas which I feel is essential to being a good leader and to creating a cohesive team culture: NOT being an “enabler.”

The word “enable” actually can have two diametrically opposite meanings. In a positive sense, it can mean to provide an individual with the skills which will allow him/her to grow and be successful. This is a process we certainly want to be a part of, as a teacher or coach. However, on the other hand, it can also have a very negative connotation (which was often discussed in my training both as a Special Education teacher and Addictions Counselor): the idea of not holding someone accountable for his/her actions, which can result in few, if any consequences for inappropriate behavior (settings where this can occur include, but is not limited to, families, schools/other workplaces, sports, politics, volunteer organizations, religious institutions, and so on).

Gary Anderson, in his classic book, *When Chemicals Come To School*, focuses on drug use by teens, but I feel his definition of “enabling” (below) is useful when applied to ANY pattern of negative behavior.

Enabling is “those beliefs, attitudes and behaviors which unwittingly allow problems to continue by preventing the user from experiencing the consequences of his/her actions”.

Mr. Anderson writes about how enabling can permit/promote (negative behavior) and how it can minimize consequences for the

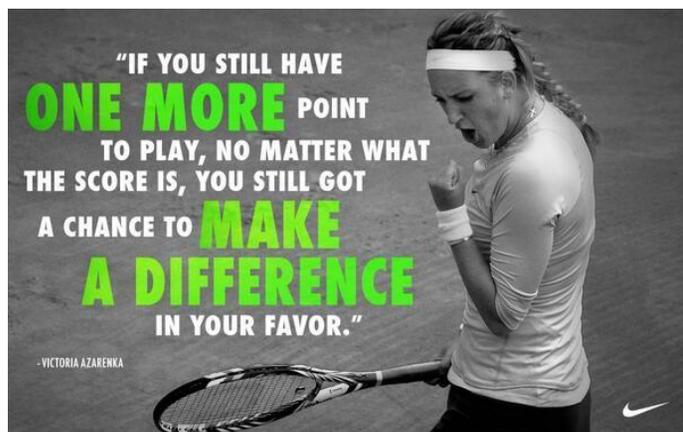
guilty party. I would add that it also empowers people to continue what they are doing, often to the detriment of themselves and others.

So, I am suggesting that we all examine what we, as coaches, are doing in our own program .We should look for positive examples in sports, politics, business, and other areas of life, for guidance. Set standards and hold your athletes to them. Be willing to hold them accountable for violating the athletic code, unsportsmanlike behavior on the court, poor line calls, being late for/skipping practice, cutting classes, bullying/hazing and anything else you feel doesn't represent the essence of your team. Also, ALL athletes, regardless of ability, should be held to the same standard – NO FAVORITISM!

Please recognize that “enabling” often stems from a “caring” perspective, such as not wanting to get someone in trouble. However, in the long run, what is best for that person? This is not always an easy question to answer.

I feel strongly that both teaching and coaching are professions where opportunities to provide “life lessons” for our students/athletes are plentiful. That is why carefully thinking through the decisions we make is so important!

Best in coaching!
Geoff Gluck



SAVE THE DATE:

WINTER COACHES WORKSHOP

FRIDAY, JANUARY 31, 2020

7 AM – 3 PM

